



# SPECIALTY CLINICS

*Exclusively for players with Prospects Travel Baseball™*  
**SPACE IS LIMITED. FIRST COME, FIRST SERVE FOR CLINIC SPOTS.**

We are excited to introduce players to 4-week, 6-week and 8-week specialty clinics in cooperation with Baseball Institute. These will all be conducted at a great venue – Romeoville Quarry Fieldhouse! This is how you get better and we will help you!

Erik Lis, formerly Minnesota Twins’ AAA, developed and will be running the **S.W.A.G.G. hitting program**. The **Long Toss arm strengthening program** is written by Chris Pack, former Illini pitcher. It will be delivered by Corey Kimes, also a former Illini and drafted by the Twins. In 2016, we experienced players gaining 2-6 mph after six weeks, dual sessions.

## CHECK THE LONG TOSS AND/OR S.W.A.G.G. SESSIONS OF YOUR CHOICE

**Baseball Institute’s Long Toss: \$55.00** to first 72 Prospects (Reg. \$145 B.I. Clinic)

10/6, 10/13, 10/20, 10/27 (4 weeks/Friday)

- Friday: 6:00-7:00pm (Xposure = 24 player max)
- Friday: 7:00-8:00pm (LWP/Xposure – 24 player max)
- Friday: 8:00-9:00pm (LWP – 24 player max)

**Baseball Institute’s Long Toss: \$85.00** to first 48 Prospects (Reg. \$195.00 B.I. Clinic)

10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27 (8 weeks/Monday)

- Monday: 7:00-8:00pm (LWP – 24 player max)
- Monday: 8:00-9:00pm (Xposure – 24 player max)

**Baseball Institute’s Long Toss: \$70.00** to first 72 Prospects (Reg. \$185 BI Clinic)

10/8, 10/15, 10/22, 10/29, 11/5, 11/12 (6 weeks/Sunday)

- Sunday: 3:00-4:00pm (Xposure – 24 player max)
- Sunday: 4:00-5:00pm (LWP/Xposure – 24 player max)
- Sunday: 5:00-6:00pm (LWP – 24 player max)

**Baseball Institute’s S.W.A.G.G.: \$95.00** to first 36 Prospects (Reg. \$195 B.I. Clinic)

10/6, 10/13, 10/20, 10/27, 11/3, 11/10 (6 weeks/Friday)

- Friday: 6:00-7:00pm (LWP – 12 player max)
- Friday: 7:00-8:00pm (Xposure – 12 player max)
- Friday: 8:00-9:00pm (LWP/Xposure – 12 player max)

**Baseball Institute’s S.W.A.G.G.: \$95.00** to first 36 Prospects (Reg. \$195 BI Clinic)

10/8, 10/15, 10/22, 10/29, 11/5, 11/12 (6 weeks/Sunday)

- Sunday: 3:00-4:00pm (LWP – 12 player max)
- Sunday: 4:00-5:00pm (Xposure – 12 player max)
- Sunday: 5:00-6:00pm (LWP/Xposure – 12 player max)

**Note:** Many sessions are designed to allow maximum visit results to attend both skill sets. I recommend that players attend a dual Long Toss week: Friday/Sunday or Friday/Monday combo. Do not do a Sunday/Monday combo.

**Coach Korbel will make final assignments based on age levels.**

*You will be placed as close as possible to your preferred time.*

SCAN AND E-MAIL FOR TO: [korbs@prospectsbaseball.com](mailto:korbs@prospectsbaseball.com)

**# of sessions:** \_\_\_\_\_ **Total \$** \_\_\_\_\_

**\$10 OFF TOTAL** WHEN REGISTERED FOR 2 OR MORE SESSIONS, ANY TYPE.

**PRINT NAME:** \_\_\_\_\_ **LWP TEAM:** \_\_\_\_\_